



Finding Oneself 2010: A Choreography Workshop

Congratulations to our five students selected to participate in a free three month choreography workshop. Thank you to Ms. Maxine Patterson of the **Maxine Patterson School of Dance** for her participation in this new adventure.

JaBria Cooper, TaDazia Patterson, Hollis Brown, Sierra Garvin, and Amanda Grant

Still Seeking: An important component of this exercise will be the creation of background sound mixed with music appropriate to our project. The person who creates a soundtrack for us needs to have their own equipment or use of audio mix equipment and the knowledge of how to use it. The sound mixer selected will be noted in our publicity for his or her contribution to the piece and may qualify for community service hours, portfolio letter, school credit or a tax letter depending on their level of participation and circumstances. Contact us at MStarArts@aol.com or 912-927-9922.

The Project:

“Most men lead lives of quiet desperation and go to the grave with the *song still in them*. “
(American writer and philosopher Henry David Thoreau, [1817 –1862](#))

Idea:

- ❖ To hear and respond to the natural rhythm in words.
- ❖ To create meaning from literature through dance.
- ❖ To create dance through movement regardless of musical accompaniment.
- ❖ To explore the *song within all of us*

Goals:

- ❖ To create a cohesive dance in five (maximum six) parts based on the essence (a paraphrase) of the Thoreau quote: People lead lives of quiet desperation repeated in round, sometimes with and often without musical accompaniment.
- ❖ To highlight each of five dancers as they choreograph and perform according to their talents, genre choice and technical ability while weaving their section in as part of a cohesive whole in performance.
- ❖ To explore how choreography creates a balance between sound and silence or syllables and steps by bridging stories each word tells with the styles used to interpret them.
- ❖ To explore in workshop the elements of choreography appropriate to this exercise.